

**MAHATMA GANDHI MISSION'S
COLLEGE OF ENGINEERING & TECHNOLOGY
DEPARTMENT OF MECHANICAL ENGINEERING**

Sports by Mechanical Department Students

For a long time, sports have been viewed as a way to stay healthy and in shape, but their importance goes much further. As a matter of fact, playing sports teaches life lessons like discipline, responsibility, self-confidence, accountability, and teamwork. For improving this quality college encourage the Students to participate in all indoor and outdoor game.

Studies have shown that exercise increases blood flow to the brain and helps the body build more connections between nerves, leading to increased concentration, enhanced memory, stimulated creativity, and better-developed problem solving skills. In short, playing sports helps your brain grow and makes it work better.

Sports Secretary –Naveen Chand (Final year Mechanical) has successfully organised indoor and outdoor games in annual fest (**ANTARNAAD**) 2017 of MGM, CoET Noida.



Indoor Games like Table tennis, Chess & Carrom Organised by Students where Mechanical department actively participated and acquire eminent position.

Carrom Winners

1.Ravikant(TTME) First Position

2.Anand Shubham(BTME) Second Position

Chess Winner 1.Satyam Vardhan (TTME) Second Position



Funny Games are also organised where Mechanical Students participated and got positions

3 leg Race 1.Razzak khan (TTME) First Position

2.Ravikant Yadav & Yash Raj Second Position

Sack Race Ravikant yadav and Aprajita samal got First & Second Position



Outdoor Games like Cricket, Volley Ball, Football has been organised in annual fest where First position got by Mechanical Students in Volley Ball and Mr,Ankit Bisht got man of the match.



Mechanical Football team got Second Position and Girls are also Participated in Outdoor games.

Ms Anjali Thapliyal(BTME) & Sony Atwal(TTME) got first position in Volley Ball(Girls).

